

# CONSENT FORM TO RELEASE HEALTH INFORMATION

## Complete the following seven steps:

### STEP 1: Patient Information

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Previous Name(s): \_\_\_\_\_  
Home Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Daytime Phone: \_\_\_\_\_ Parent/Guardian Name: \_\_\_\_\_

### STEP 2: I am requesting health information to be **released from**:

Organization Name: \_\_\_\_\_  
And/or Person: First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Phone (optional): \_\_\_\_\_ Fax (optional): \_\_\_\_\_

### STEP 3: I am requesting that health information be **sent to**:

Organization Name: \_\_\_\_\_  
And/or Person: First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Phone (optional): \_\_\_\_\_ Fax (optional): \_\_\_\_\_  
Information needed by (date): \_\_\_\_\_ (optional)

### STEP 4: Information to be released:

#### IMPORTANT: Indicate only the information that you are authorizing to be released.

- Specific dates/years of treatment: \_\_\_\_\_  
 All health information (this will include any information about you related to mental health evaluation and treatment, concerns about drug and/or alcohol use, HIV/AIDS testing and treatment, sexually transmitted diseases and genetic information).

**OR** to only release specific portions of your health information, indicate the categories to be released:

- Allergy records (initial evaluation and progress notes)  
 Allergy skin test reports  
 Pulmonary function tests  
 Radiology reports (x-ray/CT scan)  
 Laboratory reports  
 Progress/Clinic notes  
 Immunotherapy (allergy shot) extract prescriptions  
 Immunotherapy schedule/shot record  
 Other information or instructions: \_\_\_\_\_

### STEP 5: Reason for releasing information:

- Patient's request  
 Transfer/Continued care  
 Other (please explain): \_\_\_\_\_

**STEP 6:** I understand that sensitive information (STD, HIV/AIDS, drug/alcohol abuse or treatment, and mental health information) can be released unless specifically noted. I also understand that once personal health information (PHI) is disclosed to others, it may be re-disclosed to individuals or organizations not subject to HIPAA and therefore may no longer be protected by HIPAA. I understand that my records are protected under the federal confidentiality regulations as well as the State of Minnesota regulations and cannot be disclosed without my written consent unless otherwise provided for in the regulation. I also understand that I may revoke this consent at any time except to the extent that action has been taken in reliance on it and that without an expressed revocation, it will expire 1 year from the date of my signature.

\_\_\_\_\_  
Patient signature or Parent/Guardian signature

\_\_\_\_\_  
Date

### STEP 7: SUBMIT THIS FORM TO THE ORGANIZATION NAMED IN STEP 2